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#### Probing subatomic physics with gravitational waves from

#### neutron star binary inspirals

Tanja Hinderer

Institute for Theoretical Physics Utrecht University



#### Overview

- Gravitational waves (GWs) now available as unique probes for fundamental physics
  - e.g. dense matter in neutron stars
- Extracting this information from the data requires theoretical understanding & accurate modeling
- Focus in this talk: tidal effects during a binary inspiral
  - Main characteristic parameters
  - Effects on the dynamics and GWs
- Outlook to remaining challenges and future prospects



# 

#### Neutron stars (NSs)

- Gravity compresses matter to up to several times nuclear density
- Large extrapolation from known physics



- > Thousands observed to date, some masses >  $2M_{\odot}$
- Quantum pressure (neutron degeneracy) can only support up to ~  $0.7 M_{\odot}$
- Unique window onto strongly-interacting subatomic matter

[Oppenheimer & Volkoff 1939]

#### Conjectured NS structure

NS matter ranges over nearly 10 orders of magnitude in density: rich variety of physics

[ density of iron ~ 10 g/cm<sup>3</sup> ]

crust ~ km

Lattice of neutron rich nuclei 10<sup>10</sup> times stronger than steel free neutrons ~ 10<sup>6</sup> g/cm<sup>3</sup> inverse *β*-decay

~ 10<sup>11</sup> g/cm<sup>3</sup> neutron drip

#### outer core

uniform liquid (neutron superfluid, superconducting protons, electrons, muons)

#### deep core

~ few x 10<sup>14</sup> g/cm<sup>3</sup>

 $\gtrsim 2x$  nuclear density, nucleons overlap -

- new degrees of freedom relevant
- deconfined quarks?

intermediate exotic condensates (hyperons, kaons, pions, ...)?

#### Neutron stars as QCD labs



- Characterize phases of QCD, probe quark deconfinement
- Deeper understanding of strong interactions, their unusual properties
  - asymptotic freedom
  - Vacuum (condensate) effects



proton mass: ~ 938 MeV only ~ 1% due to Higgs

#### NSs as labs for emergent structural complexity



- Collective phenomena, multi-body interactions
- Effects of the excess of neutrons over protons (isospin asymmetry)?
- How do nucleons and their quarks and gluons assemble and interact to create the structure of matter?

#### Gravitational waves from compact-object binary systems



#### Models are essential to detect and interpret GW signals



Cross-correlating the data with theoretical models revealed: it was the signal from a black hole merger



Two black holes of ~ 30 sun masses Orbiting at 50,000km/sec ...



Spiral together until they collide ...



... and form a single black hole remnant

#### Census of binary mergers measured to date





2017 Nobel prize

R. Weiss, K. Thorne, B. Barish



# GW measurements (binary systems)

Details of the waveforms encode fundamental source properties (masses, spins, ...)

 Measurements cross-correlate millions of template models with the data to determine the source parameters

Computation of template waveforms is very challenging:

Must solve the nonlinear Einstein Field equations coupled with the matter equations of motion for the dynamical spacetime



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#### Approaches to computing waveforms

- Numerical relativity simulations: access to complex merger regimes ... limited in parameter space . sometimes difficult to identify fundamental physics parameters based solely on numerical outputs
- When different physics dominate at different scales:
  - tapestry of approximation schemes in different patches of spacetime
  - Can be further re-summed, e.g. into the effective one body framework

Example for comparable-mass inspirals:



## GW signatures of interior structure during inspiral



- Generic phenomena, effects are small but clean and cumulative, accessible with current detectors
- associated characteristic parameters (e.g. Love numbers, quasi-normal mode frequencies) set the size of the GW signatures, encode object's internal structure

## Dominant tidal effects

• In a binary: tidal field  $\mathscr{C}_{ij} = R_{0i0j}$  due to spacetime curvature from companion



When variations in tidal field are much faster than NS's internal timescales (adiabatic limit):

Induced deformation:

tidal deformability parameter

 $\mathcal{Q}_{ij} = -\lambda \mathcal{E}_{ij}$ 

[TH 2008, Flanagan, TH 2008]

#### =0 for a black hole

[Kol,Smolkin '11,Pani+ , Chia '20, Casals, LeTiec '20,...]

+ much recent work on intriguing connections with symmetries etc

#### Similarly for higher multipoles

[Damour& Nagar, Binnington & Poisson 2009]

#### Properties of NS matter reflected in tidal deformability



#### Main influence on GWs

• Energy goes into deforming the NS:

$$E \sim E_{
m orbit} + rac{1}{4} {\cal Q} ~ {\cal E}$$

moving multipoles contribute to gravitational radiation

 $\dot{E}_{
m GW} \sim \left[rac{d^3}{dt^3}\left(Q_{
m orbit}+\mathcal{Q}
ight)
ight]^2$ 

• approx. GW phase evolution from energy balance:

$$\Delta \phi_{
m GW}^{
m tidal} \sim {oldsymbol{\lambda}} {(M\omega)^{10/3}\over M^5}$$



[Flanagan, TH 2008, Vines+ 2011, Damour, Nagar+ 2012, Henry+2021]



 $M = m_{\rm NS} + m_2$ 

# Taking into account more realistic physics



• **f**-mode frequency:  $\omega_f \sim \sqrt{G m/R^3}$  (internal-structure-dependent)

• tidal forcing frequency: ~  $2\omega \sim 2\sqrt{GM/r^3}$  [circular orbits]

Enhanced tidal effects even if the resonance is not fully excited



During an inspiral:

Response also impacted by:

- relativistic redshift z
  - frame dragging Ω<sub>fd</sub> (from GR & companion's spin)

NS's spin  $\Omega$ 

 $\boldsymbol{\omega}$ 

#### More realistic couplings of matter to orbital dynamics



- Central worldline + multipole moments
- Effective action for the binary dynamics:

gravitomagnetic tidal tensor



#### More realistic couplings of matter to orbital dynamics



#### Many subtleties in the GR interplay of matter with gravity

- Nontrivial to define a 'worldline skeleton' [Dixon 1970]
- I 990s: does GR give rise to new couplings between internal degrees of freedom and orbital dynamics? E.g. seemingly numerical evidence for a <u>``relativistic crushing force</u>" in NS binaries

VOLUME 75, NUMBER 23	PHYSICAL REVIEW LETTERS	4 DECEMBER 1995
	Instabilities in Close Neutron Star Binaries	
	J. R. Wilson <sup>1</sup> and G. J. Mathews <sup>2</sup>	+ follow-up papers
surprising evider	nce that GR effects may cause otherwise	e stable
stars to i	ndividually collapse prior to merging	

Sociological account: Kennefick 2000 ``Star crushing: theoretical practice & the theoretician's regress"

- rigorous analysis using matched asymptotic expansions of spacetimes showed that there are no such new forces under the assumptions for this case (c.f. also other numerical studies)
   [Flanagan 1998: ``GR coupling between orbital motion & internal degrees of freedom ..'' paper ]
- More recently: seemingly numerical findings of large tidal fields at higher post-Newtonian order, subtleties with gravitomagnetic tidal response, ambiguities in tidal deformability?, ...

# Computing the tidal response from scattering

• Some concerns in the literature about potential ambiguities in tidal deformability e.g. S. Gralla: On the Ambiguity in Relativistic Tidal Deformability, arXiv:1710.11096

- Advantages of scattering calculations:
  - Identifications at null infinity, using double-null coordinates (geometric meaning)
  - invariant scattering amplitudes



Parameters in effective action in flat space matched to asymptotics of relativistic perturbations

• work with in- and outgoing waves instead of stationary perturbations

Gastón Creci, TH, Jan Steinhoff arXiv:2108.03385

# Computing the tidal response from scattering

• Response determined by the in- and outgoing wave amplitudes through:

$$\lambda_{\ell}(\omega) = i \Xi_{\ell} \left[ 1 - 2 \left( 1 + \frac{C_{\ell}^{\text{in}}}{C_{\ell}^{\text{out}}} e^{i \frac{\pi}{2}(D-1)} \right)^{-1} \right] \qquad \text{D=spatial dimensions}$$

Matching reveals:

 $\frac{C_{\ell}^{\text{in}}}{C_{\ell}^{\text{out}}} \Big|_{\text{Minkowski}} = \frac{A_{\text{in}}^{\infty}}{A_{\text{out}}^{\infty}} \Big|_{\text{Schwarzschild}} \qquad \Xi_{\ell} = -\frac{4\pi^{(D-2)/2}}{2^{\ell}} \left(\frac{2}{\omega}\right)^{(D-2)+2\ell} \Gamma\left(\frac{D-2}{2}+\ell+1\right)$   $\int C_{\ell}^{\text{Cout}} \int C_$ 

## Final result for the scalar case

• Substituting details: information contained in the response function is as expected:

• e.g. in D=3 spatial dimensions, in the limit  $M\omega\ll 1$ 



• Real part of the response is zero: tidal Love number vanishes

• Similar to frequency-dependent response in optics  $\leftrightarrow$  material's refractive index

- Imaginary part: absorption
- Real part: refraction, phase shift compared to incident beam

## Finite size effects included in models for data analysis







## Matter effects in models for data analysis

- For inspirals: variety of physics & assumptions, e.g. some but not all of the models
  - Rely on quasi-universal relations used to reduce matter parameters to  $\lambda_1, \lambda_2$
  - Are calibrated to numerical relativity
  - Include some dynamical tidal effects

• ...



#### Measurements/constraints on tidal deformability



e.g. detector calibration, ...]

for two NSs: GWs most sensitive to the combination (similar to chirp mass):

$$\tilde{\Lambda} = \frac{13c^{10}}{16\,G^5\,M^5} \left[ \left( 1 + 12\frac{m_2}{m_1} \right) \lambda_1 + \left( 1 + 12\frac{m_1}{m_2} \right) \lambda_2 \right]$$

### Example implications for subatomic physics

- Joint constraints with other observations (kilonova, x-ray, radio) + subatomic physics
- E.g. can start to inform chiral effective field theory extensions (nuclear multi-body interactions, symmetry energy ...):



many different groups have studied all kinds of different aspects



#### Proof of principle: GW constraints on *f*-mode frequency

- Measuring both  $\lambda$  and  $\omega_f$
- quadrupole & octupole for each star: 8 matter parameters, expect deterioration in measurements
- more efficient approximate frequency-domain model [Schmidt, TH 2019]



# Near-term future prospects

next observing run O4: LIGO/Virgo near/reaching design sensitivity



- More accurate measurements of nearby sources
- greater number & diversity of events

## Plans for next-generation detectors moving ahead (~2035)



• Prototype being built in Maastricht



- I0 times better sensitivity than LIGO/Virgo, wider frequency range
  - O(100 000) binary merger detections per year
  - High precision studies of nearby sources

# A few examples of remaining theoretical challenges

Need high-accuracy and efficient waveforms over wide parameter space

- more matter effects & relativistic corrections
- arbitrary spins
- eccentricity, ...

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• role of beyond zero-temperature, equilibrium matter?

• degeneracies (e.g. modified gravity, dark matter/BSM physics), ...

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# Conclusions

- GWs are new probes of NS physics: clean gravitational channel of information
- Exciting near- & longer-term prospects with larger & more precise datasets
- Simultaneous advances in modeling are essential to fully realize the science potential, reduce biase in measurements and interpretation



- Significant progress on understanding, modeling relevant phenomena but much work remains
- Synergy of theoretical approaches important (diverse analytical + numerical)
- Interdisciplinary cooperation needed on connections and fundamental inputs